

Inclusive Community Living

Guy Caruso, Ph.D.
 222 Quail Court
 Baden Pa 15005
 (724-272-6162)
 guycaruso@aol.com

1


Scales

- Scale of Exclusion/Inclusion

* Low Medium High

■ Segregation Integration
 Exclusion Inclusion

2



Scales

- Scale of No Supports/Support

*Low	Medium	High
No Supports		Full Supports

Note – Other Scales for Transportation, Recreation, Work, Spiritual, Medical

3

Age Range

- Approximate Ranges
 - Birth to 5 (Preschool)
 - 6 to 10 (Elementary School)
 - 10 to 21 (Middle through High School)
 - 22 to 60 (After High School)
 - 65 and on (Older Age)

4

Domains/ Areas in Life for Inclusion

- *Schooling
- *Recreation
- *Work
- *Spiritual/Faith
- *Housing/Home
- *Medical
- * Other

5

What are the Benefits and Drawbacks of:

- Exclusion
- Inclusion

6

Principles to Support Inclusive Community Living for People

- What values/principles/beliefs do you hold about people with disabilities?
- The values/principles/beliefs you hold can lead to inclusive or exclusive community living!

7

Strategies for Inclusive Community Living

- What strategies can support inclusive community living?
- Strategies can lead to inclusive or exclusive community living!

8

Lines of Defense – Pre-school

- Choose your road:
 - Exclusion or Inclusion
 - Subtle pressures on families


- Birth to Five
 - Early Intervention
 - Pre-school

9

Lines of Defense – School

- Kindergarten to High School (age 6-21)
 - Included in “regular” community setting
 - Included with in-class resource teacher and supports
 - Part-time inclusion/exclusion
 - Special Class in School (excluded from others)
 - Special School (not one’s community school)
 - Home Schooling
 - Other (e.g., community school or bused elsewhere)
 - Residential Schools (e.g., Elwyn)

10



Lines of Defense – Post Secondary School

- Schooling After High School
 - Technical/Trade
 - Community College/College (Post Secondary Education)
 - Work and do above as well

* How to use schooling monies up to age 21 and not be in high school

11

Lines of Defense - Work

- Work/Meaningful Activity
 - Begins before world of work starts with:
 - Chores
 - Clear and high expectations
 - Learning skills
 - Modeling positive role models
 - Having opportunities
 - Knowing one's gifts/talents/abilities
 - Knowing one's preferences/likes/dislikes
-

12

Lines of Defense - Work

Scale from:

Sheltered (exclusion) to Competitive (inclusion)

- Sheltered
 - Supported
 - Enclaves
 - Affirmative Industry
 - Part- time to Full-time
 - In school part-time, weekend
 - Own business
 - Partnership
-

13

Lines of Defense- Work

- Other Aspects of Work
 - Union/non-union
 - Benefits (vacation, sick time, personal, medical, insurance, disability, other)
 - Based on Person's interests/preferences
 - Meaningful, may be paid or not
 - Volunteer (could lead to paid employment)
 - Homemaker
 - Retirement
-

14

Lines of Defense - Children's' Recreation

- Scale from Exclusion to Inclusion
Recreation begins in one's neighborhood and continues throughout school and into adult life

- *Special Olympics vs. more inclusive Olympics (Unified)
- *Special programs (e.g. Challenger)
- *Scouts - Boys and Girls
- *4H - Grange
- *YMCA/YWCA/Boy-Girl Clubs
- *Athletic leagues/teams
- *Camps (Summer/other)
- *Clubs in school



15

Lines of Defense – Adult Recreation

- Clubs
- Leagues (e.g., competitive, social, mixed)
- Hobby/interest Groups (e.g., Civil War)
- Ethnic/Racial organizations (e.g., Knights of Columbus)
- Religious organizations
- Work organizations (Union, work place leagues)
- Vacations – Cruises, trips
- Cultural Activities

16

Lines of Defense – Spiritual/Faith



- Scale from Exclusive to Inclusive
- Special classes vs. inclusive with support
- Separate seating vs. part of congregation
- Accessible building or inaccessible
- Accessible services (e.g., interpreters, audio modifiers, Braille, large print)
- Welcoming or not

Resources - National Organization on Disability
- Pa DDC faith project, Art of Welcoming book

17

Lines of Defense - Medical

- Scale from Categorical/Special to Generic/Inclusive
- Special Clinics at exclusive sites (e.g., dental)
- Generic Services for everyone (e.g., dentist serving everyone)
- Medical Home model (not site but supports and coordination)
- Transition from Pediatric Care to Adult

18

What is a:

- Home?

- Group Home?

19

Lines of Defense – Home Options

- Birth – Family/Extended Family/Adoption
 - Foster Family with adoption plan
- Own Home with Chosen roommates if any
 - Home of Your Own Program in State
- Own Home can be: house, apartment, condo, town house, trailer, other
- Own Home could be family home you purchase or gets turned over to you
- Relative's Home; Unlicensed Family Living
- Share a home with friend/loved one (home sharing)

Note – Supports can be provided where necessary

20

Lines of Defense – Residential Service Models/Options

- Service Owned House/apartment one lives in alone or with people agency chosen or person chosen
- Foster Care (no adoption); Children's Facility; Private School
- Service operated and owned group/community home where residents selected by service (1-16+ people)
- State or private institution; ICF/MR; Mental Hospital
- Private ICF/MR (4 to 16+ people)
- Nursing Home/Facility (Skilled/Assisted) or Hospital
- Personal Care Home; Domiciliary Care; Family Living
- Proprietary Home
- Living in Temporary Shelter; homeless; incarceration

(Names Taken From Pennsylvania Codes)

21

Community Living My Room or Yours? Home vs. Institutional Living and the Relationship to Quality of Life (KY UCEDD) by Christina T. Espinosa, Program Administrator, Human Development Institute

- http://www.hdi.uky.edu/wp-content/uploads/2015/10/ResearchBrief_Fall2015.pdf
<http://www.hdi.uky.edu/wp-content/uploads/2015/10/ResearchBrief_Fall2015.pdf>
Fundamental to the movement toward full inclusion of people with disabilities in their communities is the belief that people should have the right to choose where they live and receive services. This Research Brief describes the "Money Follows the Person" grant program and its effectiveness nationally and in Kentucky. We then present data on Kentucky participants and how their ability to choose where they live impacts their quality of life

22

QOL measures and fiscal analyses show that **supporting people to live in non-institutional settings is both less costly and results in significantly increased quality of life.** Both the general population of people with disabilities and the aging population are growing rapidly, and the present results underscore the importance of restructuring the current system of institutional and nursing facility care. Next steps would also include providing the supports needed to keep people living in their homes, thus avoiding the process of entering into and transitioning out of nursing or ICF/ IID residential facilities

23

The HCBS Settings Rule (Home and Community-based)

- Established new reimbursement criteria with the goal of enabling Medicaid beneficiaries to receive services in settings that are integrated into the community rather than in skilled nursing facilities.
- The purpose of the **HCBS settings rule** is to ensure that people receiving services through **HCBS** waiver programs have access to the benefits of community living and are able to receive services in the most integrated **setting**.

24

ECC Management plans to build more cottage homes with the goal of providing a new housing option for adults with disabilities.

- Seattle-based developer ECC Management, LLC (ECC) is tapping into the growing trend toward cottage home living to create permanent homes for adults with disabilities. ECC announces the site selection and commencement of the design and development of its first neighborhood created specifically for adults with intellectual, developmental and acquired disabilities. The first community, named Luna Azul, will be located in the Phoenix Metro area and feature 30 cottage or “pocket” homes. In this community, adults will live safely and permanently in homes owned by their parents or a family trust within a neighborhood of peers.

25

Luna Azul will include 15 two-bedroom and 15 three-bedroom homes.



26

A Home for Bennet

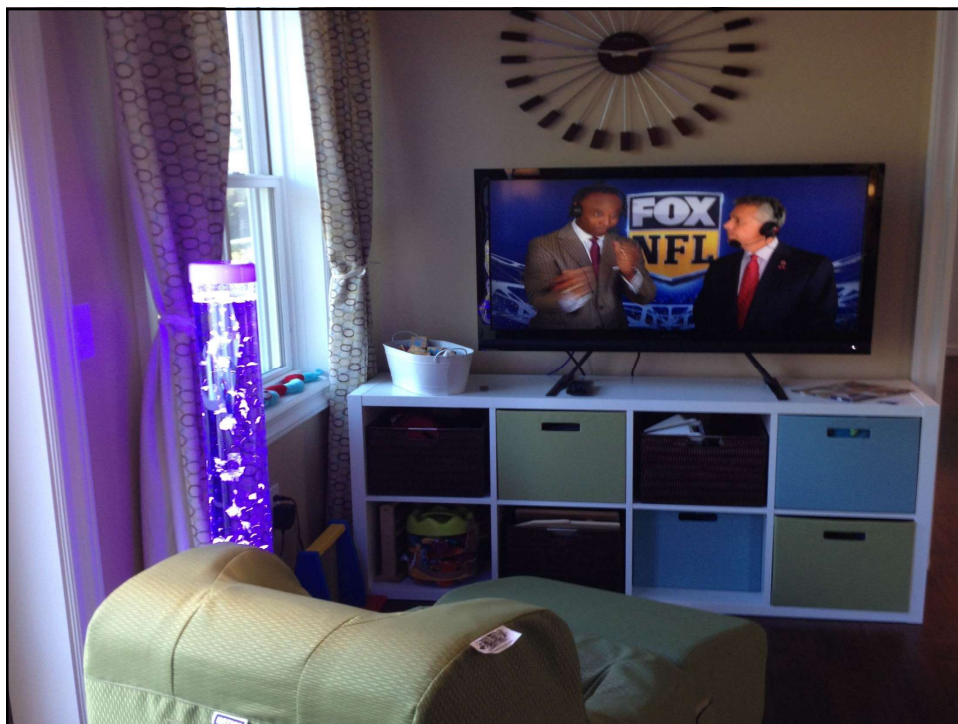
For years, viewers have been watching Pittsburgh's Action News 4 anchor Kelly Frey's journey to care for her son, who suffers from a severe brain malformation. Today, the family showcases the major renovation they have made to Bennett's room to keep him safe and happy for years to come.

27

WTAE's Kelly Frey and family build new bedroom for son Bennet

- www.wtae.com/news/wtaes-kelly-frey-and.../35651170

28



29



30



31



32