



Children with Disabilities & Divorce

Divorce Coach & Attorney Perspectives

Mary Ann Hughes

Certified Special Needs Divorce Coach



Mike Day, Attorney

Board Certified in Family Law,
Texas Board of Legal Specialization

Special Needs Divorce Expert

- Mom of Sons on Autism Spectrum
- Founder of Special Family Transitions
- Certified Special Needs Divorce Coach
- Mediator, Parenting Coordinator, Arbitrator
- Co-Director of NADP Special Needs Chapter
- Featured expert on podcasts, magazines, and events

www.SpecialFamilyTransitions.com

MaryAnn@SpecialFamilyTransitions.com





Mike Day, Attorney
Board Certified in Family Law
Texas Board of Legal Specialization

Phone: (713) 201-1815

Email: Mike@JeffDiamantLaw.com

Navigating Divorce

- Phase 1: Preparation
- Phase 2: Filing & Temporary Orders
- Phase 3: Coming to Resolution
- Phase 4: Post Divorce



Case Studies

- Jill & John have a 6 year old medically complex child Jane, amicable situation
- Donna & David have an 18 year old autistic child Drew, high conflict situation

I. Preparation:

Thinking About the Process

- Understanding your ultimate goals
- Consulting with a Divorce Coach
- Choosing an Attorney



II. Filing/Temporary Orders

- Living with the changes
- How to best prepare
- Questions to ask your coach and attorney
- See if the temporary orders/situation is a good fit going forward



III. Coming to Resolution

- Mediation
- Understanding the Spreadsheet
- Understanding your children's needs
- Questions to ask the Coach and the Attorney



IV. Post-Divorce

- I didn't do this in the divorce, is it too late?
- Things to look for in terms of child support and possession and access



Supporting Children through Process:

- Prepare and Ease into Transitions
- Social Story
- Calendar
- Keep kids out of conflict
- Resources to help to cope and adjust



Thank you - Please reach out if we can help!

Mary Ann Hughes, Certified Special Needs Divorce Coach

maryann@SpecialFamilyTransitions.com

www.SpecialFamilyTransitions.com

@SpecialFamilyTransitions on Social



Mike Day, Attorney

Board Certified in Family Law

Texas Board of Legal Specialization

(713) 201-1815

Mike@JeffDiamantLaw.com